

MIAMI | 2020

OCEMS Pre K-8 Breakfast



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

27	28	29	30	1 Donuts Fruit Juice Milk
4 Waffles Fruit Juice Milk	5 Muffin Fruit Juice Milk	6 Biscuits and Gravy Fruit Juice Milk	7 Muffin Fruit Juice Milk	8 Donuts Fruit Juice Milk
11 Pancakes Fruit Juice Milk	12 Muffin Fruit Juice Milk	13 Muffin Fruit Juice Milk	14 Muffin Fruit Juice Milk	15 Donuts Fruit Juice Milk
18 Waffles Fruit Juice Milk	19 Muffin Fruit Juice Milk	20 Muffin Fruit Juice Milk	21 Muffin Fruit Juice Milk	22
25	26	27	28	29

News

Breakfast will be served 7:00-7:55

Cereal, whole grain toast, fresh fruits and juice will also be available daily.

Menu Subject to changes

The USDA is an equal opportunity provider and employer



Ohio County Elementary Middle School PreK-8

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
27	28	29 Corn Dogs Cheez-its Carrots Orange Slices Milk	30 Lasagna / Garlic Bread Green Beans Applesauce Milk	1 Pizza Salad Raw Veggies Juice Milk
4 Chicken Nuggets / WG Cracker Hash Browns Corn Peaches Milk	5 Pulled Pork Nachos Black Beans Broccoli Pears Milk	6 Hot Dog on Bun Baked Beans Raw Carrots Orange Slices Milk	7 Spaghetti with Sauce Bread Stick Green Beans Applesauce Milk	8 Pizza Stick Salad Raw Veggies Juice Milk
11 Chicken Tenders / Cookie Butter Noodles Corn Peaches Milk	12 Orange Chicken Rice Broccoli Pears Milk	13 Chicken Patty on Bun Fries Carrots Orange Slices Milk	14 Baked Ziti Green Beans Orange Slices Milk	15 K-5 Sack Lunch MS- Pizza Salad Raw Veggies Juice Milk
18 Chicken Nuggets / WG Crackers Potato Smiles Corn Peaches Milk	19 MS Field Day Chicken Fajita Veggies Fruit Milk	20 WG Pancakes Dragon Punch Hashbrowns Fruit Milk	21 Sack Lunch PBJ Carrots WG Crackers Juice Milk	22
25	26	27	28	29

News

Lunch Times:

PS - 2 - 10:35

3-5 - 11:15

MS - 12:09

Lunch Prices:

PS-2 \$2.75

3-8 \$3.00

Reduced \$0.40

Alternative lunch choices:

PBJ Sandwich

Yogurt Pack

Turkey Sandwich

Menu Subject to changes

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MSA | 2020

RISING SUN HIGH SCHOOL



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>27 Pak n Go Variety Fruit Juice Milk</p>	<p>28 Breakfast Sandwich Fruit Juice Milk</p>	<p>29 Assorted Pastries Fruit Juice Milk</p>	<p>30 Warm Iced Cinnamon Roll Fruit Juice Milk</p>	<p>1 Pak n Go Variety Fruit Juice Milk</p>
<p>4 Pak n Go Variety Fruit Juice Milk</p>	<p>5 Biscuits and Gravy Fruit Juice Milk</p>	<p>6 Assorted Pastries Fruit Juice Milk</p>	<p>7 Waffles Fruit Juice Milk</p>	<p>8 Pak n Go Variety Fruit Juice Milk</p>
<p>11 Pak n Go Variety Fruit Juice Milk</p>	<p>12 Warm Donut Fruit Juice Milk</p>	<p>13 Assorted Pastries Fruit Juice Milk</p>	<p>14 Breakfast Sandwich Fruit Juice Milk</p>	<p>15 Pak n Go Variety Fruit Juice Milk</p>
<p>18 Pak n Go Variety Fruit Juice Milk</p>	<p>19 Pancakes Fruit Juice Milk</p>	<p>20 Assorted Pastries Fruit Juice Milk</p>	<p>21 Pak n Go Variety Fruit Juice Milk</p>	<p>22</p>
<p>25</p>	<p>26</p>	<p>27</p>	<p>28</p>	<p>29</p>

News

Breakfast

\$1.25

Serving 7:30 – 7:55

Each day there will be a variety of fruit and juice for the student to choose from.

Toast and cereal will be available every day.

Menu Subject to changes

MIAMI | 2020 RISING SUN HIGH SCHOOL



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
27 Meatball Sub Garden Salad Fruit Milk	28 Quesadilla Corn Fruit Milk	29 Pizza Crunchers Fries Fruit Milk	30 Chicken Nuggets Mashed Potatoes Dinner Roll Fruit Milk	1 Cheeseburger on Bun Baked Beans Fruit Milk
4 Cooks Choice Fruit Milk	5 Tangerine Chicken/Rice Broccoli Fruit Milk	6 Pizza Fries Fruit Milk	7 Chicken Alfredo Green Beans Garlic Bread Fruit Milk	8 Pulled Pork on Bun Cole Slaw Fruit Milk
11 Coney Dog on Bun Tater Tots Fruit Milk	12 Walking Taco Refried Beans Fruit Milk	13 Calzones w/ Marinara Fries Fruit Milk	14 Spaghetti w meat sauce Garlic Bread Green beans Fruit Milk	15 Chicken Patty on Bun Baked Potato Fruit Milk
18 Mac n Cheese Bread Stick Sweet Peas Fruit Milk	19 Quesadilla Refried Beans Fruit Milk	20 Cooks Choice Fruit Milk	21 Deli Sandwich Baked Lays Fruit Milk	22
25	26	27	28	29

News

\$3.00
A Lunch – 11:20
B Lunch – 12:10

A wide variety of
 Fruits, Raw Vegetables
 & Garden Salads are
 available to the
 students daily as part
 of their meal

Lunch alternatives
 include;
 Yogurt & Granola,
 Chef salad & Croutons,
 Bosco Sticks &
 Marinara,
 or Fresh Deli Sub

**Menu Subject to
 changes**

A sunburst graphic with a central yellow circle and radiating lines in shades of yellow and orange.

Lunch and Milk Deposit

Name _____

Teacher/Grade _____

Date _____

Amount Enclosed _____

CK# _____

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